

Osmania University, Hyderabad
P.G.Diploma in Child Psychology Syllabus
2015-2016

PAPER – I BASIC PSYCHOLOGY

1. Introduction to psychology- Methods (Observation, Experimental Case Study, Survey, Recent trends); Goals of psychology.
2. Physiological basis of behavior- Nervous System, Endocrine system, Sense organs.
3. Perceptual process- Nature, Organization in perception, Constancies in perception, Depth perception, Abnormalities in perception, brief introduction to Social perception (Social cognition perceiving the causes of behavior). Causes of behavior.
4. Learning – Nature, Conditioning-classical and Operant Trial error, Insight Effective learning (Study skills, Motivation, Bio-feedback, Habits).
5. Memory – Nature, Stages of memory (Sensory, STM, LTM) Forgetting, Theories of forgetting, Improving memory.
6. Thinking- Nature, Development of thinking, Concept formation, Creative thinking
7. Motivation- Nature needs, Drives. Theories of motivation-Maslow and Freud
8. Emotions - Physiological changes in emotions. Adaptive and disruptive nature of emotions. Development of emotions.
9. Intelligence- Nature of intelligence, Tests of intelligence, Classification of population according to intelligence. Important requisites of the tests- Standardization Reliability, Validity
10. Personality Definition, Approaches to personality, Trend and Type Behaviouristic (SR Theories). Dynamic (Freud and Erickson) .Self (Allport and Rogers)
11. Personality adjustment – Conflicts Anxiety, Frustration, Aggression, Resolution of conflict.

References:

1. Clifford T. Morgan, John R. Weisz, Richard A. King, John Schopler, Introduction to Psychology, Tata McGraw - Hill Education (2001)
2. Ernest R. Hilgard (Author), Richard C. Atkinson (Author) Introduction to Psychology Paperback
3. Havemann, E. & Kagan, J. (1976). Psychology: An Introduction. (Third ed.) Harcourt Brace Jovavovich, Inc.
4. Invitation to psychology, Parameswaran, E.G. ;,Tata McGraw-Hill Publishing, 1988

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PAPER- II CHILD PSYCHOLOGY

1. Concept of development – Maturity, Growth and learning, Stages of development – the concept of development task.
2. Stages of Prenatal development -Factors influencing prenatal development
3. Physical development – Factors influencing physical development, Motor development, Motor development of children – development of motor skills.
4. Emotional development – Native components of emotions, Theories of emotions, problems of emotional adjustment in infancy, childhood and adolescence
5. Social development -Erikson's psychological stages adolescence and adulthood, Levinson's, Conception of development, the seasons of life— socializing agents- family, Peer groups, Schools, Social adjustment in infancy and childhood
6. Moral development – Theories of moral development, explaining, differences in morality,-improving morality – Putting theory into practice.
7. Cognitive development - (Diaset) Development of cognitive sophistication, Effect of environment deprivation on cognitive development
8. Language and Cognitive functioning – Role of language in human development - Factors influencing language development
9. Theories of child development – Psychoanalytic, Social learning, Sears, Bruner.

References:

1. Elizabeth B. Hurlock child development, McGraw-Hill
2. Mussen, Kagan, Conger Child Development & Personality, Harper & Row, New York 6th Ed 1984
3. Sarason & Sarason Frontiers of behaviour, Harper & Row, New York 1982
4. Ausubel, theories and problems in child development, 1970
5. Weiner child and adolescent psychopathology
6. Stewart, Freidman-life long human development.
7. Zeigler personality theories, McGraw-Hill, New York 1963
8. Baldwin, theories in child development, Harper & Row, New York 1962
9. Meier, three theories of child development, Harper & Row, New York 1968
10. B. Hurlock, development psychology, Mc Graw-Hill, 1st ed. 1953
11. Coleman, psychology of behaviour and adjustment, New York, Free press
12. Quim applying psychology, McGraw-Hill 1985.

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PAPER – III : Methods of child training and guidance

1. Meaning, nature and scope of child training, contributions of Rousseau, Montessori, Froebel, towards child training
2. Importance of early childhood experiences .Child rearing practices on personality development
3. Importance of play in child training, interpretation of playing, behaviouristic, psychoanalytic and Cognitive theories types of play, play way methods.
4. Problems of training the preschool and school going children, emotional, social and learning problems.
5. Exceptional children- classification in nature of exceptional children, problems of exceptional children and then training, Gifted children, Retarded children, Creative children, physically handicapped children with speech disorders, Emotionally disturbed and Socially disadvantaged.
6. Testing use of test in dealing with children. Diagnostic tests, achievement test, intelligence tests and personality tests.
7. Techniques and guidance in counseling, codes of counseling, approaches to counseling, psychomalistc behavioral counseling

References:

1. Ritilly, Marv, Play as exploratory learning, Lonion Sage publication, 1974
2. Maccolay J social development. Prentice Hall, New York 1973
3. Shanker, Exceptional Children, New Delhi, Sterling publication 1976
4. C.H.Patterson Theories of counseling and psychotherapy, New York, Harper & Row, 1980
5. Anne Anastasi (Author), Susana Urbina (Author) Psychological Testing, McMillan & Co
6. Sujata, A Krishana Rao, Dear Teacher - The Gifted Child Needs You, Published by AK Sujata, No115, Osmania University Teachers Colony, Sainik puri Secundrabad 500591, 1987

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PAPER – IV Nutrition

1. Functions of nutrients in general, explanation of the terms optimum nutrition, malnutrition
2. A brief study of the importance, source requirements and deficiency symptoms of carbohydrates, fats, proteins, vitamins and minerals.
3. Food groups (Basic 3,5,7). Nutrient contributions and planning of balanced diets.
4. Nutritional requirements of infants, pre-school children pregnancy and lactation, modification of normal diets.
5. Breast-feeding, advantages and disadvantages of breast feeding, supplementary feeding-preparation of formula artificial feeding, weaning foods and their importance
6. A brief study of assessment of nutrition status-
 - a) Diet surveys -different types, advantages and disadvantages of each type, formulation of questionnaires
 - b) Anthropometric measurements
 - c) Biochemical estimations
 - d) Clinical examination
7. National and International organization involved in welfare of children.
8. A brief study of common diseases in childhood (fever, cough, cold, polio, diphtheria, measles, diarrhea, dysentery, tetanus, eye and ear infection)
9. Personal hygiene - Factors conducive to personal habit, Control of weight, fatigue, anger, sleep, sleeplessness, heredity, care of body posture and exercise.
10. First aid in common emergency - Wounds, burns, bruises, fracture and sun stroke.

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PAPER – V : PRACTICALS

I. Theory:

- 1) Various methods of child study like observation, case study, experimental and psychological testing.
- 2) Some more techniques of gathering data like interview, questionnaires, rating scales, projective techniques and requisites of good psychological test.

II. Statistics: Basic statistical methods

- 1) Measures of central tendency- Mean, Median, Mode
- 2) Measures of variability – Standard deviation, Quadratic deviations
- 3) Significance of difference of means (T-ratio)
- 4) Concept of correlation and concept of analysis of variance

III. Experiments:

- 1) Draw a man test
- 2) Coloured progressive matrices
- 3) Self – concept
- 4) Moral values scale
- 5) Dimensional personality inventory
- 6) Academic anxiety scale for children
- 7) Study habits
- 8) Bender gestalt
- 9) Child rearing practices
- 10) Weschler's intelligence scale for children

Project Work /Case Study

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